

Tuesday

Wednesday




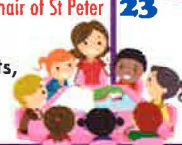




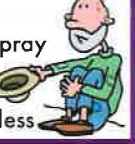




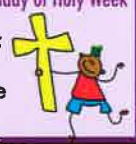


Thursday

Friday

Saturday

Sunday

Monday

		<p>13 Feb Shrove Tuesday What will you have on your pancake? </p>		<p>14 Ash Wednesday Receive the ashes as a sign of our entering a season of penance </p>		<p>15 Pope Francis' 3 magic words are: please, thankyou and sorry; use them well </p>		<p>16 Sorry What are your better qualities? What are your not so good ones? </p>		<p>17 Do some cleaning. Imagine sweeping away your sins </p>			
<p>18 1st Sunday of Lent (B) Lord, bless me and bless my family </p>		<p>19 For how many days was Jesus in the desert? (Mk 1:12-13) </p>		<p>20 We prepare for Confession by examining our c - - - c - - - c - </p>		<p>21 Help the environment; don't leave taps running </p>		<p>22 The Chair of St Peter Listen and learn from your parents, your teachers, your peers </p>		<p>23 No meat today. Try a veggie option! </p>		<p>24 Choose a charity to donate clothes, toys, food </p>	
<p>25 2nd Sunday of Lent (B) Make the family meal a time to find out about each other </p>		<p>26 Imagine the conversation between Peter, James and John having seen Jesus with Moses and Elijah! (Mark 2:9-10) </p>		<p>27 Talk about your day </p>		<p>28 Pass on a message of hope to someone </p>		<p>1 Mar St David Smile, light up your face with gladness </p>		<p>2 Look at people not screens. Disconnect and connect </p>		<p>3 Go outdoors and help in the garden </p>	
<p>4 3rd Sunday of Lent (B) Draw a pic of the priest who said Mass today </p>		<p>5 Jesus cleans out the Temple and wants us to clean up our own lives too </p>		<p>6 O my God, you are so good, I am sorry that I have sinned against you and by your grace I will not sin again </p>		<p>7 Don't gloat over the misfortune of others </p>		<p>8 HUMBLE PIE Be humble for we all get things wrong </p>		<p>9 Put some pocket money in the poor box </p>		<p>10 St John Ogilvie Kneel by your bed and say: 'I love you Jesus, above all else' </p>	
<p>11 4th Sunday of Lent (B) Mother's Day Give your mum a hug! </p>		<p>12 How did God ensure that we should receive eternal life? (John 3:16) </p>		<p>13 Don't gossip about your friends </p>		<p>14 Remember to pray for the sick, the poor and the homeless </p>		<p>15 Think about your actions; choose goodness and fairness </p>		<p>16 Be silent for 5 mins; don't talk, don't fidget, just think and pray </p>		<p>17 St Patrick Go to Confession and know the joy of repentance </p>	
<p>18 5th Sunday of Lent (B) Bless yourself with holy water after Mass </p>		<p>19 St Joseph, Husband of Mary Give thanks for the generosity of foster parents like St Joseph </p>		<p>20 Enjoy forgiving and being forgiven </p>		<p>21 Pray for anyone whose feelings you have hurt by your behaviour </p>		<p>22 Be happy! God's love is higher than a mountain and deeper than the sea </p>		<p>23 No more chocolate or sweets until Easter Day </p>		<p>24 Do some exercise with a friend: swim, cycle, skip </p>	
<p>25 Palm Sunday of the Lord's Passion (B) Wave your palm branch and sing hosannas! </p>		<p>26 Monday of Holy Week Be faithful; tell Jesus you believe in him </p>		<p>27 Tuesday of Holy Week Don't betray God; seek his will above your own </p>		<p>28 Wednesday of Holy Week Pray for those preparing for the Sacraments. Hail Mary... </p>		<p>29 Maundy Thursday Love one another. Is anyone you know being bullied and in need of help? </p>		<p>30 Good Friday Kiss the Cross today of him who died to give us eternal life </p>		<p>31 Holy Saturday This is a sacred day. Let us remember the souls of the faithful departed. May they rest in peace. Amen </p>	
<p>1 Apr Easter Sunday Jesus is risen! This is our faith and our hope. Alleluia, alleluia! </p>													

'We adore you, O Christ, and we bless you, because by your holy Cross you have redeemed the world.'