

# Lord, I am not worthy

There are two significant changes to the words we say here, based on the words of the centurion in Matthew's Gospel.

**Read it as a family and listen carefully to the words that the centurion says to Jesus.**

*"When Jesus went into Capernaum a centurion came up and pleaded with him, 'Sir, my servant is lying at home paralysed and in great pain.'*

*'I will come myself and cure him,' said Jesus. The centurion replied, 'Sir, I am not worthy to have you under my roof; just give the word and my servant will be healed.' .....*



- *Can you find the phrases that are similar to the ones we now say at Mass?*
- *Can you work out a number in the word 'centurion'?*
- *Are there clues in the story to tell you what a centurion is?*

Saying the words 'under my roof' helps me to think of how Jesus makes his home in me and I must make mine in him.

As I echo the words of the centurion about my unworthiness to welcome Jesus I do not simply ask for forgiveness but recognise my need of the healing touch of Jesus in my life.

I must make Jesus welcome, listen to him and wait upon him as Martha and Mary did when they welcomed him under their roof.

**Read the story of what happened from the Gospel of Luke.**

*"One day Jesus and his disciples came to the village called Bethany where his friends Martha and Mary lived. They welcomed Jesus and his followers and invited them to stay for a meal.*

*While Martha busied herself cooking and serving the food, her sister Mary sat calmly beside Jesus and listened to him talking. Martha worked hard, and all the while Mary sat listening to Jesus. Finally, Martha got upset and said to Jesus, 'Lord, must I do all this work on my own? Tell Mary to come and help me!'*

*'Martha, Martha,' Jesus said, 'you worry and get upset about so many things that are not so important. Mary has chosen to listen to me and that is the most important thing of all.'*"



**Talk together as a family about how we can be welcoming to others while listening to what Jesus tells us.**